



Annual Fall Conference Friday, October 20, 2017

Creating Trauma-Sensitive
Schools :

Using Relationships to
Promote Growth & Learning

**Keynote Speaker:
Dr. Cassie Yackley**

In Addition:

Update Your Toolbox with Growth,
Mindset and Positive Psychology
With Christina Flanders & Tari Selig

Presented by the NH School Counselor
Association

Grappone Conference Center
70 Constitution Avenue
Concord, NH

To: _____

Tear off and submit with payment to: (See information about online registration below.)

NHSCA c/o Sharon Nix
9 Coventry Lane
Belmont, NH 03220

Name: _____ Member (Circle one): Yes No

Email Address: _____
(Confirmation and receipt will be emailed)

School: _____ Position: _____

Address: _____ State: _____ Zip Code: _____

Online Registrations are strongly encouraged!!! Please visit www.nhscsa.camp7.org

NHSCA c/o Sharon Nix
9 Coventry Lane
Belmont, NH 03220

**For more information
on becoming a member
and saving money on
this registration go to:
www.nhscsa.camp7.org**

Mission Statement:

NHSCA is a division of the American School Counselor Association and represents over 400 of N.H.'s professional school counselors. The mission of the New Hampshire School Counselor Association is to actively promote standards of excellence in professional school counseling.

Dr. Cassie Yackley has spent more than 25 years addressing the impact of adverse childhood experiences including trauma on children, families, and systems. She connects discoveries from developmental neuroscience and attachment to help audiences learn how reflective practice leads to better working environments and outcomes.



Dr. Yackley's projects include Project Grow, Growing Health Families, and Connecting Young Children and their Caregivers to Care (CYCCC). These projects build trauma-informed systems of care in NH schools, mental health centers, and communities. She has developed training and consulted with organizations and systems shifting to a reflective, trauma-informed stance including NH Hospital, Crooked Mountain, the Manchester police, and many NH and Maine schools.

Dr. Christina Flanders, Psy.D., NCSP, is an assistant professor of counselor education and school psychology at Plymouth State University. Dr. Flanders is interested in teaching grit, growth mindset, positive psychology, and improving social-emotional competencies in children and youth.



Tari Selig, M.Ed., CAGS, NCSP, works in the Shaker Regional School District and has worked with children and teenagers with various mental health diagnoses and developmental disabilities.



Conference Schedule

8:15-8:45 Registration

8:45-9:00 Introductions and Opening Remarks —
Celia Slason, NHSCA President; Marianne Gfroerer, Dept. of Education

9:00–10:40: Creating Trauma-Sensitive Schools: Using Relationships to Promote Growth & Learning —
Cassie Yackley

10:40 Break

11:00-12:00 Creating Trauma-Sensitive Schools
(Continued)– Cassie Yackley

12:00 – 1:00 Lunch Provided

1:00– 2:00 Creating Trauma-Sensitive Schools
(Continued)– Cassie Yackley

2:00-2:15 Break

2:15-3:15 Update Your Toolbox with Growth Mindset and Positive Psychology — *Christina Flanders and Tari Selig*

3:15-3:30 Wrap up and Door Prizes

Conference PowerPoint presentations will be available to registered attendees for download prior to the conference.

Conference Cost

Early Bird Member Price: \$120

Post Marked by October 1, 2017

Member Price after Oct 1: \$140

Non-member: \$175

Student Price: \$80

To become a member, visit our website:

www.nhsca.camp7.org

Graduate interns may apply for a partial scholarship at our website.

Conference Objectives

Participants will be able to:

Creating Trauma Sensitive Schools:

- Describe the impact of trauma on the developing brain and the prevalence of trauma exposure in schools
- Explain how secondary trauma impacts educators and healthy ways of coping
- Demonstrate how to use reflective practice as a tool for personal and professional growth
- Describe science of relationships and their power to foster learning and growth
- List Trauma-sensitive principles, practices and procedures to address the impact of trauma on learners and increase their ability to succeed in the school environment
- Integrate trauma-sensitive practices with multi-tiered systems of support (MTSS)

Growth Mindset and Positive Psychology:

- Describe and list at least three strategies to use with children and youth associated with growth mindset and positive psychology.